



Family Week Guide

What's Family Week?

On Family Weeks CG's can **hang out** with their group, along with friends who aren't in the group, by hosting events like a summer BBQ or game night. Other times, CG's can **serve together**, by serving those within the community. CG's can also meet for a **family meal**, at a family meal groups can do things such as:

- Talk through "Family Meal Questions".
- Pray for non-Christian friends by name to come to faith in Jesus.
- Have each person identify one friend who they are trying to reach in their neighborhood, school, or workplace. Ask for updates at family meals.
- Discuss opportunities for the group to join one another in loving, serving, and sharing Jesus with the non-Christians they know.

Family Week Ideas!

It's helpful to zoom out and think about what your Family Weeks look like:

Hangout

Create an opportunity to invite group members and non-group members to hang out with your CG through something like a board game night, bonfire or party.

Serve Together

Identify an opportunity where you can serve together. Examples could be helping a co-worker of someone in the CG move into their new apartment and bring a housewarming gift from the group. Serving a local non-profit. Helping someone within the community.

Family Meal

Potluck at someone's home and use some of the exercises from the section above.



Family Meal Questions

Most discipleship happens in informal settings such as conversations over meals;

Here is a list of go-to questions to ask in informal moments such as Family Meals.

- What was good about your week? Why? How did it make you feel?
- What things can we celebrate or give thanks for from this past week?
- What has brought you the most joy this week? Why?
- Where did you see Jesus in your life this week? In someone else's life? Did you learn anything from that?
- Did your love and passion for Jesus grow this week? How?
- Did your compassion and grace toward others grow this week? How?
- What was bad about your week? Why? How did it make you feel?
- What was a significant struggle you had this week? How did you deal with it? Did you learn anything from it?
- What has made you feel worried or frustrated this week? Why? How did you deal with it?
- What has made you feel sad this week? Why? How did you deal with it?
- What has made you feel angry this week? Why? How did you deal with it?
- What has been on your mind the most this week? What's taking most of your mental/ emotional energy? Why?
- What are you desiring more than anything else?
- What do you find yourself day-dreaming about?
- What lies are you subtly believing that undermine the truth of the gospel?
- How does the gospel surprise you?
- Where have you made much of yourself and little of God?
- Is technology stealing attention from your family?
- Is work replacing your spouse's place in your heart?
- Where do your thoughts drift to when you enter a social setting?
- What fears are paralyzing your heart from enjoying God? What consumes your thoughts when you have alone time?